



Gluten Free Menu Options

Appetizers

P&O Cheese Dip/11

Park & Oak Pimento Cheese, Crisp Vegetables

Boneless or Crispy Chicken/12

Choice of Alabama White, Mustard BBQ, or Buffalo Sauce

Soup-Daily Selection/sm6 lg8

CT 'Deviled' Eggs/9

Park&Oak Pimento Cheese, Crispy Parmesan

Pan Roasted Brussels Sprouts/11

Candied Bacon, Pickled Red Onion, Sambal Aioli

Salads

Chopped Romaine Salad/10

Tomatoes, Avocado, Asparagus, Egg, Blue Cheese Crumbles, Red Wine Vinaigrette

Roasted Beet Salad/9

Red Beets, Green Apple, Goat Cheese, Arugula, Champagne Vinaigrette

Market Salad/8

Mesclun Mix, Blue Cheese, Spiced Pumpkin Seeds, Dried Cranberry, Balsamic Dressing

Kale Salad/9

Pomegranate Seeds, Red Onion, Parmesan, Creamy Garlic Dressing

Caesar Salad/9

Romaine Hearts, Anchovy, Pickled Red Onion, Focaccia Croutons

Salad Additions:

Grilled Chicken Breast/5, Garlic Shrimp/7

Atlantic Salmon/8

Veggie Patty/6 Crispy Chicken/6

Entrees

Atlantic Salmon/22

Rice, Asparagus, Garlic-Herb Aioli, Lemon

Low Country Shrimp and Grits/22

Sauteed Shrimp, Grit Girl Grits, Tasso Ham, Roasted Mushrooms, Tomatoes, Lobster Sauce

Blackened Fish Tacos/16

Corn Tortilla, Cabbage Slaw, Avocado, Cilantro-Sour Cream Sauce

Braised Beef Short Ribs/25

Grit Girl Grits, Bacon, Mushrooms, Red Wine Sauce

Nashville Hot Chicken Basket/19

Spicy Half Chicken, Bone-in, Bread&Butter Pickles

Sandwiches

All Sandwiches Served with Green Salad, or Garlic Chips

Angus Beef Burger/15

8oz, Angus Beef, Cheddar Cheese, Lettuce, Tomato, Onion, Burger Sauce, Gluten-Free Bun

substitute veggie patty for no additional charge

Nashville Hot Chicken Sandwich/15

Spicy Crispy Chicken, Lettuce, Tomato, Spicy Mayo, Gluten-Free Bun